

APPLICATION 2018



ATHLETE DEVELOPMENT PROGRAM



FOR TERM 1 ENTRY 2018. APPLICATIONS CLOSE:

FRIDAY AUGUST 18

*Late applications can be submitted. Please refer to the **late application policy** on our website for **important information**.*

Please note: There are a limited number of places in the ADP

Strive for Excellence

ATHLETE DEVELOPMENT PROGRAM – IMPORTANT INFORMATION



The ADP is a complete sports education and training program aimed to assist students in the pursuit of sporting excellence. The ADP is offered as an elective subject at BSE and students must apply for entry. The program runs for the entire year.

BSE also offers an Associate Program. Students can apply directly for the Associate Program or may be offered a place in the Associate Program if their ADP application is unsuccessful. This program is run for the entire year and is directed by ADP coaches. The Associate Program is a physical conditioning program run before school, with breakfast supplied afterwards.

Core Components of the ADP

- Technical and tactical skill development (for athletes in technical squads)
- Physical Preparation
- Professional Development curriculum
- Sports science and sports medicine support
- Personalisation of training and development

Conditions of Enrolment

ADP or Associate Program athletes offered a position in the program must accept their position and pay their Annual Fee by the required date to secure their position. Athletes must also agree to the terms and conditions specified by the **'Student Athlete Agreement.'** This requires athletes to:

- Consistently *'Strive For Excellence'* in sport and studies
- Consistently meet ADP Athlete Requirements (**see ADP Selection Policy**)
- Represent the College in their sport
- Conduct themselves in line with the school's expectations (5Rs) and rules
- Communicate well and use social media appropriately
- Always demonstrate sportsmanship and abide by the rules and spirit of sport at all times
- Maintain personal habits of health and fitness that contribute to sporting excellence
- Behave and dress in a professional manner at all times during sport and training
- **Always** abstain from taking drugs that modify growth, behaviour or performance

Athletes will be supported to meet these Conditions of Enrolment. Failure to address requirements may result in removal from the ADP or Associate Program. Please refer to the **ADP Probation Policy** for more information.

Application Process

Please refer to the **Admission Process Flowchart 2018** on the ADP website for details about the Application Process.

Annual Fees

As participation in the ADP is voluntary, not all costs are covered in the College budget.

The 2018 ADP Annual Fee is \$450. This fee is non-refundable

The 2018 Associate Program Annual Fee is \$250. This fee is non-refundable

The Annual Fees are in addition to BSE College Fees and contribute to costs associated with running the Program. Some excursions will incur additional costs, especially where accommodation and transport are required. Parents will be given advanced notice of major excursions to assist with planning and budgeting.

Please contact the Business Manager at the College if you require more information about Annual Fees or if you would like to discuss a payment plan.

Important

Acceptance into the ADP or Associate Program in one year does not lead to automatic acceptance in the following year. Students are required to apply each year.

Both academic achievement and sporting progress recorded on the student's ADP tracking program is **regularly reviewed throughout the year**. Students are therefore required to **consistently** satisfy the terms of their Student-Athlete Agreement to maintain their place in the ADP or Associate Program.



APPLICATION 2018



ATHLETE NAME _____

Year Level 2018: ____ MALE [] FEMALE [] Date of Birth: ____ / ____ / ____

Address _____ Suburb _____ Postcode _____

Parent's/Guardian's names _____

Contact email (please print) _____ Contact number _____

I WOULD LIKE TO BE ASSESSED FOR THE FOLLOWING SPORT/S: _____

I AM APPLYING FOR (please circle) - **ADP / Associate Program**

REPRESENTATION: (please attach extra pages if you wish to provide more information)

(i) NATIONAL: Please provide details of any **National** level achievements or **Australian** team selection

Achievement _____ Location _____ Date ____/____/____

Achievement _____ Location _____ Date ____/____/____

(ii) STATE: Please provide details of any **State** level achievements or **State** team selection

Achievement _____ Location _____ Date ____/____/____

Achievement _____ Location _____ Date ____/____/____

(iii) REGIONAL: Please provide details of any **Regional** level achievements or **Regional** team selection

Achievement _____ Location _____ Date ____/____/____

Achievement _____ Location _____ Date ____/____/____

Achievement _____ Location _____ Date ____/____/____

(iv) CURRENT CLUB or TEAM

Local Club _____ Representative Team _____

Student-Athlete & Parental Signatures

By signing below, you acknowledge that all details are correct, and that you have read and understood the **Conditions of Enrolment** and **Annual Fees** on the previous page, and the **ADP Selection Policy**, **Student-Athlete Agreement** and **Probation Policy** which can all be found on the ADP website:

.....
(Student-Athlete Name)

.....
(Student-Athlete Signature)

.....
(Date)

.....
(Parent/Guardian Name)

.....
(Parent/Guardian Signature)

.....
(Date)

YOUR GOALS



PLEASE NOTE: [The Selection Committee requires applicants to complete this page in their own hand-writing](#). Please attach extra pages if you wish to supply more information.

Sporting Goals

Describe briefly your future goals in your sport. Please consider short and long term goals.

Academic Goals

What are your academic study goals. Describe which subjects you wish to improve in.

Describe how you think the ADP might benefit you and your development in 2018.

Please outline your current weekly training schedule.

	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
AM							
PM							

PROGRAM ENTRY



To be considered for selection, applicants must:

- Submit a complete application by the due date
- Attend selection trial(s) as required
- Attend selection interviews as required
- Meet the minimum standards set out in the Selection Policy

CHECKLIST

Please ensure that:

- You have read and understood the Conditions of Enrolment (page 2)
- You have included a passport sized photo with your application (**new BSE students only**)
- You and your parent/guardian have signed the application
- You have included your previous year's school report (**new BSE students only**)
- You have requested a Confidential Reference from a current coach (non-family member) if you are a new ADP/Associate Program applicant. **Optional for returning athletes.**

Incomplete applications will not be assessed

SUBMITTING YOUR APPLICATION

Please scan and email your application to: adp@bse.vic.edu.au

Or return in person or by mail to:

Bendigo South East College

P.O. Box 15, Strathdale

Victoria 3550

ATHLETE DEVELOPMENT PROGRAM



Confidential Coach Reference: For all new ADP/Associate Program Applicants. This form is optional for all returning ADP/Associate athletes.

Please ask a current coach (non-family member) to complete the following form and

submit by August 18.

Name of Coach _____ Date _____

Position _____

Contact Number _____

Contact Email _____

Present Club _____

Student-Athlete Name _____

Sport and position in the team if relevant _____

Strengths _____

Areas for improvement _____

Training commitment _____

Coachability _____

Attitude/Sportsmanship _____

Please return to:
adp@bse.vic.edu.au

Thank you!